

November 2025

Martin Luther King Jr. Education Center Breakfast Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
3	1 oz WG Trix Cereal 1 oz WG Animal Crackers 1/2 c. Applesauce 4 oz 100% Grape Juice 8 oz Milk	4	HOT BREAKFAST 2 oz. Fruit Loop Waffles 1/2 c. Diced Pineapple 4 oz 100% Orange Juice 8 oz Milk	5	2 oz. WG Blueberry Bread 1/2 c. Cherry Applesauce 4 oz 100% Apple Juice 8 oz Milk	6	HOT BREAKFAST 4 oz. Sausage & Cheese Bagel 1/2 c. Diced Peaches 4 oz 100% Fruit Punch 8 oz Milk	7	2 oz WG Cinnamon Roll 1/2 c. Mandarin Oranges 4 oz 100% Grape Juice 8 oz Milk
10	2 oz WG Banana Muffin 1/2 c. Mixed Fruit 4 oz 100% Orange Juice 8 oz Milk	11	HOT BREAKFAST 2 oz. WG Blueberry Eggo Pancakes 1/2 c. Applesauce 4 oz 100% Apple Juice 8 oz Milk	12	1 oz WG Lucky Charms Cereal 1 oz. String Cheese 1/2 c. Diced Pineapples 4 oz 100% Fruit Punch 8 oz Milk	13	HOT BREAKFAST 2 oz. WG Bagel filled w/ Cream Cheese 1/2 c. Diced Pears 4 oz 100% Grape Juice 8 oz Milk	14	2 oz. WG Lemon Bread 1/2 c. Diced Peaches 4 oz 100% Orange Juice 8 oz Milk
17	1 oz. Kellogs Fruit Loops Cereal 1 oz. String Cheese 1/2 c. Mandarin Oranges 4 oz 100% Apple Juice 8 oz Milk	18	HOT BREAKFAST 2 oz. Maple Eggo Bite Waffles 1/2 c. Mixed Fruit 4 oz 100% Fruit Punch 8 oz Milk	19	2 oz WG Apple Cinnamon Breakfast Bar 1/2 c. Strawberry Banana Applesauce 4 oz 100% Grape Juice 8 oz Milk	20	HOT BREAKFAST 2.8 oz. Breakfast Pizza 1/2 c. Diced Pineapples 4 oz 100% Orange Juice 8 oz Milk	21	2 oz UBR Breakfast Round 1/2 c. Diced Pears 4 oz 100% Apple Juice 8 oz Milk
24	(2) WG Blueberry Poptarts 1/2 c. Diced Peaches 4 oz 100% Orange Juice 8 oz Milk	25	HOT BREAKFAST 2 oz. Eggo Confetti Pancakes 1/2 c. Mandarin Oranges 4 oz 100% Apple Juice 8 oz Milk	26		27		28	